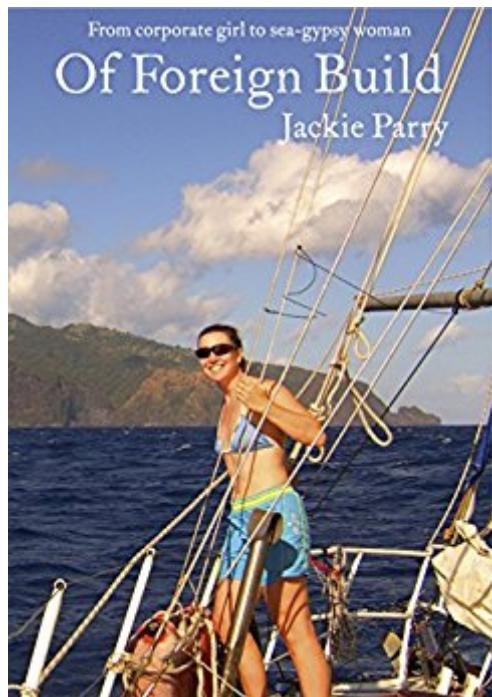


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# Of Foreign Build: From Corporate Girl To Sea-Gypsy Woman



## **Synopsis**

After suffering an emotionally-brutal bereavement and against her counsellorâ™s advice, Jackie ran away. Suddenly within a new culture, with a new husband, and no friends, she was living in the obscure world of cruising with zero knowledge of boats. Crashing within the first twenty-four hours, Jackie realised life would never be the same again; a floating home with no fridge or hot water, and with a dinghy instead of a car. Suffering self doubts, she became fearful of her new world. The first off-shore voyage took Jackie into a ferocious storm, which battered her physically and mentally. Amid the raging seas, Jackie shed the fear sheâ™d been harbouring. Soon she was blissfully voyaging around the world, but she still carried the mixed emotions of losing one man, while falling head over heels in love with another. Not only did Jackie deal successfully with the challenges of her new existence, she also battled with the testosterone fuelled nautical world to become both a professional captain and a qualified maritime teacher. Most importantly, Jackie found herself.

## **Book Information**

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## **Customer Reviews**

Of Foreign Build is another heart warming story of Jackie and Noel's travels on the high seas. Having spent 11 years sailing, they have expert knowledge of all things maritime. From

navigation, to everyday life of cooking and cleaning, mooring in various countries- which can be problematic. The friendships that evolve with fellow travellers is needed when weeks at sea can take its toll on being so isolated. It takes courage, adaptability, and a sense of humour to get through the highs and lows of all the work involved when sailing. Jackie writes endearingly of day to day life on board, the joys and delights when destinations reached, or problems solved. As always, she writes with honesty and humour to engage sailors and non sailors alike.

Whether you're an armchair traveller or have a suitcase permanently on standby, this engaging memoir is a must-read. Jackie Parry's tale of heartache and redemption is both a testament to her resolve to face life head-on after personal tragedy, and a reminder that such a journey cannot be taken alone. The book does have its belly-laughs too, and Jackie's humour and outlook on life are at the forefront of this tale. With a knack for explaining her naivety around boats with a charming self-awareness, the author shares her sense of wonder at her new life and the challenges it presents with raw emotion. *Of Foreign Build* is a privilege to read and highly recommended.

Many dream of a life worth living " yet only a handful hold the courage and tenacity to actually do it. You have to applaud Jackie for feeling the fear of a "safe dreary life" (whatever that means) to taking the plunge into the unknown for a life of adventure after her heart was torn apart. This book reminds me of a quote from Mark Twain: "Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did so. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover." •Umm you don't have to literally "sail away" as Jackie and Noel did " yet this book encourages you to live that life you dreamed about. I had many laughs at the author's at times brutal honesty of sailing the world for eleven years. Pointing out the challenges along the way, however they are there to overcome " to grow and fill your heart with what you love or fear! A down to earth memoir of the realities of sailing and travelling " embracing a personal " emotional and physical journey through life. Bravo to a woman who dared! Whether you are an armchair traveller or on the precipice of travelling long term " this is a must read!!!

I like this book! There's a saying something like, "Either write a book about a life lived well, or live your life well enough to have a book written about it." Well, Jackie Parry is one of those rare souls who has done both. She opens up and candidly tells her life story, metaphorical warts and all. Right from the first few pages you sense her genuine self, and that is a great thing because surely many

readers - sailors or not - can relate to her self-doubts and fears. But don't worry: she doesn't go on and on about heartaches and ruminations. No, she mentions these things because they are part of the story and then she moves on, often with soft humor. All in all, she tells her story well, not with overly-wrought phrasing and a self-conscious tone but in a way that feels natural and totally genuine. The book is not about her, or her writing, but her story, and it shows between the lines. I recommend this book for everyone, especially young women who have not yet found their niche in life. Jackie Parry's life story is a great example of possibility and personal courage. This book is great fodder for important mother-daughter talks . . . On the surface it's about building a life aboard a sailboat, but it's also very much about voyaging through life.

Absolutely loved this book. A tragedy in life and an almost too soon new love gripped me and freshened a similar memory. She writes extremely well; her stories of terror as she learns to sail has me gripping the arms of my chair! Truthfully told the joys and the sorrows of leaving behind security, home and friends sometimes brings a tear. The descriptions of the different cultures is vivid as are the relationships developed in the sailing community. Heartily and warmly recommended. She is a lady I would love to meet!

This is a splendid memoir of more than just a voyage around the world. Although sailing around the world is a huge achievement, what stands out in Jackie Parry's book is her brave honest words which delve into her emotions and thoughts. I was connected on a deeper level throughout her book riding the highs and lows of Mariah's voyage interwoven with captivating descriptions of both the watery world and fascinating ports. It was an honour for me to be part of Jackie's life in this book - her personal relationships and how she coped with the brand new challenges of sailing a small boat. Reading Jackie's words, I drifted and sailed through the chapters just like the waves enjoying each port along the way. Beautifully written with honesty, humour and love for all living creatures on this planet. She is an example to women that anything is possible. Now a master captain with so much experience I take my hat off to her. I highly recommend this book.

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